



Environment

- Respect private properties and farmland.
- Please do not pick flowers, fruit or mushrooms.
- Try not to disturb animals.
- Take your litter home, be considerate to others and to the environment.
- Take care and be courteous when overtaking or approaching others. Give way to pedestrians.
- Beware of agricultural or forestry machinery.
- Close gates behind you.

Safety

- > For your own safety, use the signposted trails in the recommended direction.
- > Do not overestimate your own abilities and keep your speed down.
- > Check out your MTB before leaving and make sure you carry sufficient water, snacks and a repair kit with you.
- > If you go out alone, tell your friends or family where you are heading.
- > Make sure your insurance policy and health certificates are up to date.
- > We recommend you wear a helmet and brightly-coloured clothes (in order to be visible)
- > In the hunting season: contact the Hunting Federation (+33 475878820) for the dates of official group hunts organized by the local authorities.



go DU RHÔNE AUX
orges
de l'ARDÈCHE

For more information :

Tourist Office

Du Rhône aux Gorges de l'Ardèche

Tél. +33 (0)4 75 54 54 20

Download GPX track and sheet at :

www.rhone-gorges-ardeche.com



MTB LOOP

Trail N°2

The Larnas tour

Starting point : Larnas

**Level
of difficulty**



Lat. 44.48866
Lng. 4.598047



11.8km



2h



280m



Cultural heritage and scenery

Lovely varied tour including not only beautiful scenery but also charming trails taking you into the very heart of the lavender plantation-strewn plateau. The tour, although a little technical in places, is suitable for beginners as long as they take care. The most difficult stage on the way back to the starting point at the end of the loop can be avoided by following the lane out of the housing estate.



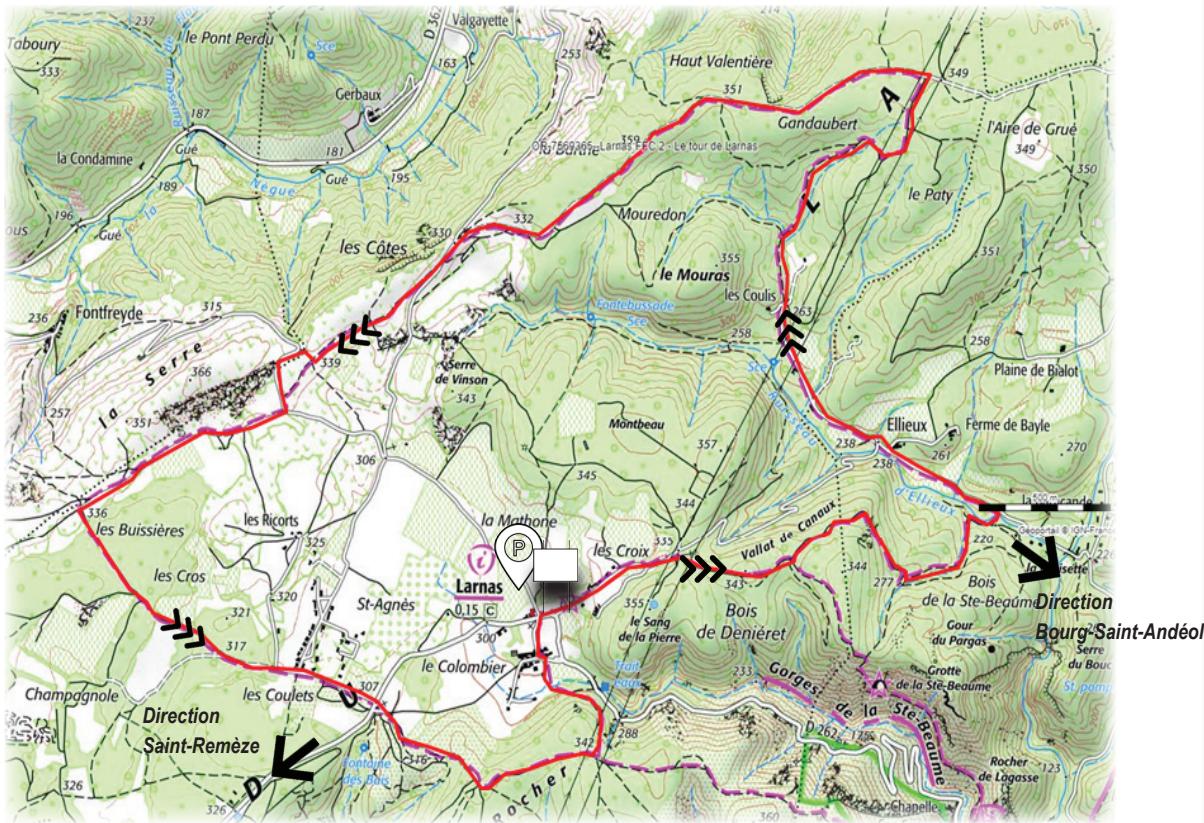
Don't miss the church of Saint Peter in Larnas!



Marvellous 12th-century Vivarois Romanesque architecture with its uncluttered yet harmonious lines. This tiny architectural gem has an elegant cupola supported on squinches and you can even see the architect Stefanus's signature.

The medieval « Village with Character » of Saint Montan

Ardèche currently has 20 labelled "villages with character" which pay particular attention to the welcome visitors are given and the preservation of their heritage. Built on the hillside, Saint Montan offers a spectacular view of its ruined fortress. From there, visitors can admire the valley and the stone-built houses of the village below. According to legend, it was founded by a 5th-century hermit called Montanus. It has been passionately restored by the "Friends of Saint Montan" society over the past 40 years. With each stone, they have patiently revived this village with character.



KEY



Starting point,
hiking/riding information
signs :
Mairie
route de St Remèze (D262),
07220 LARNAS

MTB

Local trails



Level of difficulty



Wrong
direction
Link

