



Environment

- Respect private properties and farmland.
- Please do not pick flowers, fruit or mushrooms.
- Try not to disturb animals.
- Take your litter home, be considerate to others and to the environment.
- Take care and be courteous when overtaking or approaching others. Give way to pedestrians.
- Beware of agricultural or forestry machinery.
- Close gates behind you.

Safety

- > For your own safety, use the signposted trails in the recommended direction.
- > Do not overestimate your own abilities and keep your speed down.
- > Check out your MTB before leaving and make sure you carry sufficient water, snacks and a repair kit with you.
- > If you go out alone, tell your friends or family where you are heading.
- > Make sure your insurance policy and health certificates are up to date.
- > We recommend you wear a helmet and brightly-coloured clothes (in order to be visible)
- > In the hunting season: contact the Hunting Federation (+33 475878820) for the dates of official group hunts organized by the local authorities.



go DU RHÔNE AUX
gorges
de l'ARDÈCHE

For more information :

Tourist Office

Du Rhône aux Gorges de l'Ardèche

Tél. +33 (0)4 75 54 54 20

Download GPX track and sheet at :

www.rhone-gorges-ardeche.com



MTB LOOP

Trail N°6

The Laoul tour

**Starting point : foresters
lodge Bourg-Saint-Andéol**

Level
of difficulty



Lat. 44.39683
Lng. 4.888252



36km



4h



890m



Cultural heritage and scenery

A tour full of contrasts, it can be physically or technically demanding in places, for accomplished MTB riders or e-assisted MTB owners. The most beautiful part of the tour is the ride through the Rimouren canyon which is in Natura 2000 territory. There the tranquility of the place must be maintained so that the abundant wildlife will not be frightened away. Although you can start out from the forester's lodge, it is preferable to leave from the Tourist Agency in Bourg Saint Andéol and finish with a downhill ride.



The Bishop's Palace

The 100-roomed palace opens its doors wide to you ! You will love the huge fireplaces in the medieval kitchens, the unique 17th-century painted ceilings, the imposing front on the terraces overlooking the Rhône or the botanical garden.



Chalon chapel

Chalon chapel is the iconic site in the forest famed for its pilgrimage but also a favourite with families for picnics. This enchanting Romanesque chapel was built over 800 years ago. Examine its façade carefully and you will make out numerous sculpted or engraved stones. In Medieval times, the Laoul was first and foremost the territory of beautiful Dona Vierna de Balladun, a noble lady who inspired the songs of troubadours and was the benefactress of Bourg Saint Andéol to which she donated the forest. Between the real and the imaginary, her memory continues to captivate one and all.



KEY

Starting point, hiking/riding information signs :



Office de Tourisme, place du Champ de Mars, 07700 BOURG-SAINT-ANDÉOL or



Maison Forestière du Laoul, champ Vacher, 07700 BOURG-SAINT-ANDÉOL

Tour / loop

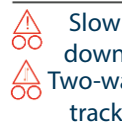
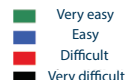
MTB

Local trails



1

Level of difficulty



Slow down



Two-way track



Wrong direction



Link

